

ANTI BULLYING POLICY Updated April 2019

POLICY RATIONALE

At Coledale Public School we value, respect and show tolerance of others in a safe and supportive environment. We foster positive relationships through strong welfare programs. Our school's Welfare and Discipline Policy is complimented by our Anti Bullying Policy, which aims to deal effectively with, and prevent bullying incidents through a zero tolerance approach to bullying.

OUR DEFINITION OF BULLYING

Bullying is repeated verbal, physical, social or psychological behaviour that is harmful and involves the misuse of power by an individual or group towards one or more persons. Cyberbullying refers to bullying through information and communication technologies. Bullying can involve humiliation, domination, intimidation, victimisation and all forms of harassment including that based on sex, race, disability, religion or homosexuality. Bullying of any form or for any reason can have long-term effects on those involved, including bystanders. Our school considers the following behaviours as examples of bullying.

Physical:

- Pushing, hitting & kicking
- Throwing objects
- Taking others belongings & stealing from others
- Damaging others belongings
- Spitting at others
- Intimidation or making someone do something against their will.

Verbal:

- Threatening others
- Name calling, teasing & insulting
- Swearing at others
- Sarcasm
- Ridicule & put downs of another person because of their actions, appearance, physical characteristics or cultural background

Social:

- Excluding or ignoring others
- Ostracising & alienating
- Making inappropriate gestures

Psychological:

- Spreading rumours
- dirty looks
- hiding or damaging possessions

- Writing notes
- Cyber bullying
- Inappropriate use of digital media